

Working with Chris Hendricks

After 18 years of practice with thousands of clients, Chris' work has evolved into a fast, effective and painless style that can help nearly anyone create and maintain positive changes in their body. Chris' work helps you get to the root of the problem and correct the imbalance at its source.



The Main Benefits of working with Chris are:

- the pain stops
- it doesn't come back
- you learn the skills to make permanent change and maintain it
- your body is painlessly re-shaped into its best alignment
- you notice that your posture is effortlessly perfect
- you have a sense of ease and flow in your movements
- all of your daily activities are easier
- sports performance increases while effort decreases
- you learn the concepts and practices that make work less stressful
- you learn how to make the world fit your body - to modify all of your environment so that it fits your body like a bespoke suit.

Rave Reviews

“I have found Chris' work to be the most effective, lasting bodywork of any I have ever received in fifteen years of various bodywork sessions.”

-Susan Snowe, consultant

“I have more movement in my ankle than I have had after 12 years of surgery, physical therapy and massage. Chris is a mad scientist/genius at work, plus, he's really nice.”

-Carrie Marie Tasman, Graphic Designer

**Contact Chris for an appointment today:
805-665-8717 or chris@hendricks.com**